

# fretting *(fret-ting)*

## Definition

v. worrying or feeling anxious about something.

## Example Sentence

My mother is always **fretting** about the cost of groceries.

## More Example Sentences

**Fretting** can make you feel more stressed.

## Synonyms

worrying; fussing; stressing

## Antonyms

calming; relaxing; soothing

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)