

# foment *(fo-ment)*

## Definition

v. to stir up; to rouse; to instigate

## Example Sentence

The troublemakers continues to **foment** discontent.

## Synonyms

provoke; abet; agitate; arouse; brew

## Antonyms

cease; discourage; dissuade; stop

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)