

# flexibility

 (*flex-i-bil-i-ty*)

## Definition

n. the ability to bend easily without breaking.

## Example Sentence

I have the **flexibility** to work when I want.

## More Example Sentences

**Flexibility** helps in many sports activities.

## Synonyms

adaptability; pliability; suppleness

## Antonyms

rigidity; inflexibility; stiffness

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