

**flab** (*flab*)

### Definition

n. Informal sagging; flaccid flesh

### Example Sentence

He has come up with a novel strategy for shedding excess **flab**.

### Synonyms

sagging; flaccid flesh; hanging skin

### Antonyms

firm

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)