

fixed mindset *(fixed-mind-set)*

Definition

n. a belief that abilities, intelligence, and talents are fixed traits that cannot be developed or changed.

Example Sentence

With a **fixed mindset**, she avoided challenges and feared failure.

More Example Sentences

His **fixed mindset** prevented him from embracing new learning opportunities.

Synonyms

rigid thinking; unchangeable attitude; static mentality

Antonyms

growth mindset; adaptable outlook; flexible perspective

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