

# enervating *(en-er-va-ting)*

## Definition

adj. causing one to feel drained of energy.

## Example Sentence

The heat is **enervating** and we might not finish the hike.

## More Example Sentences

Working all day can be **enervating** too.

## Synonyms

exhausting; tiring; draining

## Antonyms

invigorating; energizing; refreshing

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