

# discouraging *(dis-cour-ag-ing)*

## Definition

adj. making someone feel less confident or hopeful.

## Example Sentence

She sent him a note **discouraging** him from attending the concert.

## More Example Sentences

Her comments were **discouraging** to the students.

## Synonyms

disheartening; demoralizing; depressing

## Antonyms

encouraging; uplifting; motivating

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