

discombobulated *(dis-com-bob-u-lat-ed)*

Definition

adj. mentally or physically out of order; feeling mixed-up or unsettled

Example Sentence

She was completely **discombobulated** after missing her flight.

More Example Sentences

I was so **discombobulated** after running late and skipping breakfast.

Synonyms

mixed up; confused; flustered

Antonyms

composed, clear-headed, organized, unshaken

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