

# detrimental

 (*det-ri-men-tal*)

## Definition

adj. causing harm or damage to something.

## Example Sentence

It is **detrimental** to your safety to not wear a seatbelt.

## More Example Sentences

Smoking is **detrimental** to your health.

## Synonyms

harmful; damaging; adverse

## Antonyms

beneficial; helpful; good

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