

# debilitate *(de-bil-i-tate)*

## Definition

v. to make someone weak or unable to function.

## Example Sentence

He knew his illness would **debilitate** him.

## More Example Sentences

Stress can **debilitate** our ability to think.

## Synonyms

weaken; incapacitate; hinder

## Antonyms

strengthen; empower; enable

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