

containment

 (*con-tain-ment*)

Definition

n. 1 an act or policy of restricting the territorial growth or ideological influence of another especially a hostile nation;
2 keeping something from spreading

Example Sentence

Containment was an attempt by the US to hold back the spread of Communism.

Synonyms

restricting growth; restraining influence; preventing expansion

Antonyms

encouraging growth

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