

# clenched

 (*clenched*)

## Definition

v. 1 to close tightly shut; 2.to hold in a tight grip.

## Example Sentence

He **clenched** his fists in anger.

## Synonyms

clinch; grip tightly; clutch

## Antonyms

loosen

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)