

beta-carotene

Definition

n. a type of vitamin A found in plants. it helps with vision and healthy skin.

Example Sentence

Beta-carotene is a pigment found in plants that gives yellow and orange fruits and vegetables their vibrant colors.

More Example Sentences

Eating fruits can give you **beta-carotene**.

Synonyms

provitamin A; carotenoid

Antonyms

animal pigment; melanin

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