

beneficial

 (*ben-e-fi-cial*)

Definition

adj. helpful or good for someone or something.

Example Sentence

It is **beneficial** for you to do this program.

More Example Sentences

Exercise is **beneficial** for your body.

Synonyms

helpful; advantageous; useful

Antonyms

harmful; damaging; detrimental

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com