

# backwards *(back-wards)*

## Definition

adv. in the direction of one's back; moving or facing the back.

## Example Sentence

We counted **backwards** from ten. OR He looked **backwards** before backing out.

## More Example Sentences

He walked **backwards** to avoid stepping on grass.

## Synonyms

reverse; backward; rearward

## Antonyms

forwards; ahead; onward

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