

# backbreaking *(back-break-ing)*

## Definition

adj. very hard physical work that causes great effort.

## Example Sentence

Plowing the ground with a horse and plow was **backbreaking** work.

## More Example Sentences

He felt sore after **backbreaking** labor all day.

## Synonyms

strenuous; exhausting; tiring

## Antonyms

easy; simple; effortless

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