

# ascend *(as-cend)*

## Definition

v. to go up or rise.

## Example Sentence

Jill's grandmother found it hard to **ascend** the stairs.

## More Example Sentences

We **ascend** the stairs slowly.

## Synonyms

climb; rise; go up

## Antonyms

descend; lower; drop

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

[vocabloco.com](https://vocabloco.com)