

# antioxidants

## Definition

n. 1 substance that inhibits oxidation or inhibits reactions promoted by oxygen or peroxides; 2 an enzyme that is capable of counteracting the damaging effects of oxidation

## Example Sentence

Certain vitamins are **antioxidants** and may protect body cells from free radicals.

## Synonyms

oxidation inhibitor; inhibitor of oxidation; oxidation deterrent

## Antonyms

encourager of oxidation

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