

abstentious (*ab-sten-tious*)

Definition

adj. not indulging in or practicing something.

Example Sentence

He lived an **abstentious** lifestyle, avoiding alcohol and unhealthy foods.

More Example Sentences

They remained **abstentious** during the party.

Synonyms

self-restrained; moderate; temperate

Antonyms

indulgent; excessive; extravagant

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