

abstain (*ab-stain*)

Definition

v. to choose not to do something or not to participate.

Example Sentence

Abstain from eating junk food.

More Example Sentences

Students should **abstain** from distractions while studying.

Synonyms

refrain; withhold; decline

Antonyms

participate; engage; join

Join thousands of students and teachers using Vocab Loco to master spelling and vocabulary through fun games, interactive activities, and engaging lessons. Make learning words an adventure!

vocabloco.com